BODYBUDDY

Lunch Bowls

Served 11.00-20.00

DAAL BOWL - new! (V,S,N) 159
Creamy curry daal with beluga lentils, sweet potato and red bell pepper - served with black rice, fresh greens, pomegranate, coriander, tamari roasted almonds & coconut chutney
+ add chicken 25 kr
/ baked sweet potato instead of black rice +10 kr

CHICKEN MANGO AVO BOWL - bestseller! (S,SES,E,P) 169
Baked chicken (SWE) served with black rice, avocado, fresh mango, peanuts, fresh greens, pomegranate, coriander, our coconut dressing & chili mayo
+ add extra chicken 25 kr
/ baked sweet potato instead of black rice +10 kr

POWER SALAD (CR,S,SES,E,P) 195
MSC shrimps and egg served with quinoa, avocado, fresh mango, peanuts, fresh greens, pomegranate, coriander, lemon & chili mayo
+ add extra shrimps 40 kr
/ swap to chicken 0 kr
/ baked sweet potato instead of quinoa +10 kr

VEGAN COCONUT CHEESE BOWL (SES,E,P) 169
Greek white coconut cheese served with black rice, avocado, fresh mango, peanuts, fresh greens, pomegranate, coriander, our coconut dressing & chili mayo
/ baked sweet potato instead of black rice +10 kr

FOR THE KIDS: CHICKEN BOWL 79
Baked chicken (SWE) - served with black rice, avocado, mango and roasted sweet corn

ALLERGIES? Please inform us!
V = vegan S = soy SES = sesame E = egg N = nut P = peanuts CR = Crustaceans F = fish 🌱 = Organic or Eco label
**our chocolate contains organic cane sugar*
***nutfree granola available upon request*

BODYBUDDY

Brunch Bowls

Served Weekends 11.00-16.00

BB's BRUNCH PLATE (SES,E,N/P) 199
Scrambled eggs with home baked crispbread, pico de gallo, avocado mash, rose salad, your choice of breakfast cup & seasonal fruits & berries

BB´s SWEET WAFFLE (E,N) 99
Oat waffles served with coconut cream, berry swirl, banana & fresh berries - topped with maple syrup & caramalized almonds
+ add peanut or almond butter 10 kr

AVO MASH ON CRISPBREAD - bestseller! (SES) 119
Avocado mash served with our home baked crisp bread, green salad and pomegranate
+ add egg 15 kr (recommended!)

CHICKEN MANGO AVO BOWL - bestseller! (S,SES,E,P) 169
Baked chicken (SWE) served with black rice, avocado, fresh mango, roasted sweet corn, pickled onion - topped with coriander, pomegranate, peanuts, pea shoots, coconut dressing and a ginger-sesame & chili mayonnaise
+ add extra chicken 25 kr

POWER SALAD (CR,S,SES,E,P) 195
MSC shrimps, egg, avocado, lemon, fresh mango, green salad, pickled onion, quinoa - topped with coriander, pomegranate, peanuts, pea shoots and a ginger- sesame & chili mayonnaise
+ add extra shrimps 25 kr
/ swap to chicken 0 kr

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BODYBUDDY

All Day Breakfast

Served 07.30-17.00

AVO MASH ON CRISPBREAD - bestseller! (SES) 119
Avocado mash served with our home baked crisp bread, green salad and pomegranate
+ add egg 15 kr (recommended!)

BANANA BREAD - a must try! (E,N) 69
+ add nut butter or coconut cream 10 kr

SWEET WAFFLE (E,N) 99
Oat waffles served with coconut cream, berry swirl, banana & fresh berries - topped with maple syrup & caramalized almonds
+ add peanut or almond butter 10 kr

OVERNIGHT OATS BOWL (V,N) 85
Gluten free oats, oat milk, cinnamon, cardamom, seeds -
topped with home made nut granola, fruit compote, apple & blueberry

COCONUT YOGHURT BOWL (V,N) 85
Home cooked coconut yoghurt with probiotic - topped with berry swirl, nut granola & fresh berries

CHIA SNICKERS BOWL (V,N,P) 85
Chia seeds, coconut cream & almond milk - topped with peanuts, dark chocolate**, banana & maple syrup

TROPICAL CHIA BOWL (V,N) 85
Chia seeds, coconut cream & almond milk - topped with tropical swirl (mango & pineapple), roasted almonds, coconut flakes, agave syrup & fresh red berries

ACAI SMOOTHIE BOWL (V,N/P) 149
Acai, banana, blueberry, mango, lime coconut cream & almond milk - topped with homemade nut granola**, peanut or almond butter, banana, goji & fresh berries

STRAWBERRY DAIQUIRI SMOOTHIE BOWL (V,N/P) 149
Strawberry, lime, mint, orange, banana & coconut cream - topped with homemade nut granola**, peanut or almond butter, fresh fruit & berries

+ add protein powder (V) 15 kr
+ add probiotics 15 kr
+ add collagen (not vegan) 15 kr

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BODYBUDDY

Juices & Smoothies

GREEN BUDDY JUICE 75
Apple, cucumber, kale & lemon

CARE BUDDY JUICE 75
Carrot, apple, ginger, celery & lemon

GINGER TURMERIC SHOT 35
Apple, lemon, ginger, turmeric & black pepper

ACAI SMOOTHIE 79
Acai, banana, blueberry, mango, lime coconut cream & almond milk

STRAWBERRY DAIQUIRI SMOOTHIE 79
Strawberry, lime, mint, orange, banana & coconut cream

+ add protein powder (V) 15 kr
+ add probiotics 15 kr
+ add collagen (not vegan) 15 kr

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BANANA BREAD (E,N) 69
+ add nut butter or coconut cream +10 kr

NUTBUD* (N,V,P) 38

COCOBUD* (V) 38

CHOCOLATE CHIP COOKIE* (E,N) 55

COOKIE DOUGH BITE* (V,N) 55

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BODYBUDDY

Iced Latte 59
Iced Matcha Latte 59
Kombucha 62
Hydrate Cocowater 52
VitaCoco Cocowater 49
häppi Prebiotic Drink 52
Hikkibiskus 59
Stenkulla Sparkling Water 35

Filter Coffee 42 🌱
Cortado 49
Latte 59
Cappuccino 59
Americano 42 🌱
Espresso 39 🌱
Matcha Latte 59
Golden Milk 59
Matcha Tea 59 🌱
Womensync Tea 39 🌱
Fresh Mint Tea 39
Fresh Lemon Ginger Tea 39
Beetroot Latte 59

CHICCA
A chicory-based alternative to coffee
Chicca Latte 59
Chicca Cappuccino 54
Chicca Americano 42 🌱

MIND AVENUE ®
A mushroom-based alternative to coffee
Shroom Latte 59
Shroom Capuccino 54
+ add to any warm drink 15

MOOSHROOM DROPS
Functional mushroom extracts
+ add to any warm drink 20

Our milk options:
lactose free, oat milk, almond milk, sproud

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