

BODYBUDDY

Gluten free - Lactose free - No refined sugars



BRUNCH PLATES

BB's BRUNCH PLATE (SES,E,N)

Scrambled eggs with home baked crispbread, pico de gallo, avocado mash, rose salad, your choice of breakfast cup & seasonal fruits & berries

BB's SWEET WAFFLE (E,N)

Oat waffles served with coconut cream, berry swirl, banana & fresh berries - topped with maple syrup & caramalized almonds
+ add peanut or almond butter

AVO MASH ON CRISPBREAD - bestseller! (SES)

Avocado mash with green salad, lemon, basil, chili flakes, pomegranate, sea salt & sesame seeds. Served on our home baked crisp bread made with nutritious gluten free grains and seeds.
+ add egg (recommended!)

CHICKEN MANGO AVO BOWL - bestseller! (S,SES,E,N)

Baked chicken (SWE) with garlic, tamari soy & ginger - served with black rice, avocado, fresh mango, roasted sweet corn, green salad, pickled onion, coriander, carrot, cabbage, sprouts, pomegranate, peanuts, pea shoots & coconut dressing and a ginger- sesame & chili mayonnaise
+ add extra chicken

POWER SALAD (S,SES,E,N)

MSC shrimps, egg, avocado, lemon, mango, green salad, pickled onion, sprouts, cabbage, carrots & quinoa - topped with coriander, pomegranate, peanuts, pea shoots and a ginger- sesame & chili mayonnaise.
+ add extra shrimps
/ swap to chicken

BREAKFAST ALL DAY

BANANA BREAD - a must try! (N,E)

+ add nut butter or coconut cream 10 kr

BUCKWHEAT PORRIDGE (N,V)

Roasted buckwheat, oat meal - served with homemade apple compote, cinnamon, roasted almonds, homemade almond butter, maple syrup, fruits & berries

OVERNIGHT OATS BOWL (V,N)

Gluten free oats, oat milk, cinnamon, cardamom, seeds - topped with home made nut granola, fruit compote, apple & blueberry

COCONUT YOGHURT BOWL (V,N)

Home cooked coconut yoghurt with probiotic - topped with berry swirl, nut granola & fresh berries

CHIA SNICKERS BOWL (V,N)

Chia seeds, coconut cream & almond milk - topped with peanuts, dark chocolate**, banana & maple syrup

TROPICAL CHIA BOWL (V,N)

Chia seeds, coconut cream & almond milk - topped with tropical swirl (mango & pineapple), roasted almonds, coconut flakes, agave syrup & fresh red berries

Smoothie bowls of the month!

MATCHA SMOOTHIE BOWL (V,N)

Matcha, banana, pineapple, lime - topped with nut granola**, banana, nut butter, strawberry, blood orange & mint

+ add "Pureness" protein powder (V)

+ add "KÄLLA" live bacteria

+ add "Womensync" collagen (not vegan)

BALI SMOOTHIE BOWL (N,V)

Pineapple, mango, banana, passion fruit, orange - topped with nut granola**, banana, nut butter, strawberry, orange, blueberry & strawberry

+ add "Pureness" protein powder (V)

+ add "KÄLLA" live bacteria

+ add "Womensync" collagen (not vegan)

Smoothie bowl + Hot drink of your choice

Buckwheat porridge + Hot drink of your choice

Breakfast deals available before 11:00



ALLERGIES? Please inform us!

V = vegan S = soy SES = sesame E = egg N = nut γ = Organic or Eco label

*our chocolate contains organic cane sugar

**nutfree granola available upon request

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JUICES & SMOOTHIES

Freshly squeezed at the cafe!

GREEN BUDDY JUICE

Apple, cucumber, kale & lemon

CARE BUDDY JUICE

Carrot, apple, ginger, celery & lemon

GINGER TURMERIC SHOT

Apple, lemon, ginger, turmeric & black pepper

MATCHA SMOOTHIE

Matcha, banana, pineapple, lime, coconut cream, coconut cream & coconut water

+ add "Pureness" protein powder (V)

+ add "KÄLLA" live bacteria

+ add "Womensync" collagen (not vegan)

BALI SMOOTHIE

Pineapple, mango, banana, passion fruit, orange, coconut cream & coconut water

+ add "Pureness" protein powder (V)

+ add "KÄLLA" live bacteria

+ add "Womensync" collagen (not vegan)

COLD DRINKS

Iced Latte

Iced Matcha Latte

Kombucha

Hydrate Cocowater

VitaCoco Cocowater

häppi Prebiotic Drink

Hikkibiskus

Stenkulla Sparkling Water

HOT DRINKS

Filter Coffee 

Cortado

Latte

Cappuccino


Americano 

Espresso 

Matcha Latte

Golden Milk

Matcha Tea 

Womensync Tea 

Fresh Mint Tea

Fresh Lemon Ginger Tea

Beetroot Latte

CHICCA

A chicory-based alternative to coffee

Chicca Latte

Chicca Cappuccino

Chicca Americano 

MIND AVENUE®

A mushroom-based alternative to coffee

Shroom Latte

Shroom Cappuccino

+ add to any warm drink

MOOSHROOM DROPS

Functional mushroom extracts

+ add to any warm drink

Our milk options: lactose free, oat milk, almond milk, sproud

FIKA

Banana Bread (E,N)

+ add nut butter or coconut cream +10 kr

Nutbud* (N,V)

Cocobud* (V)

Chocolate chip cookie* (E,N)

Cookie Dough Bite* (V,N)

Online orders:


bodybuddyfoods.com

Follow us on Instagram:

[@bodybuddycafes](https://www.instagram.com/bodybuddycafes)



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